Federal Drug-Free Schools and Campuses Regulations

As a requirement of these regulations, Davidson College is to disseminate and ensure receipt of the below policy/information to all students, staff, and faculty on an annual basis. This process is formally conducted by providing a link in Davidson College’s Annual Security Report. Questions concerning this policy and/or alcohol and other drug programs, interventions and policies may be directed to Georgia Ringle, Health Educator at geringle@davidson.edu and 704-894-2902.

Polices - Alcohol, Other Drugs, and Weapons

As an academic community, Davidson College is committed to providing an environment in which learning and scholarship can flourish. The possession or use of illegal drugs, or the abuse of those which may otherwise be legally possessed, seriously affects the College environment, as well as the individual potential of our students and staff. The College enforces state laws and related College policies, including those prohibiting the following activities on campus:

A. Providing alcoholic beverages to individuals under 21 or possession or consumption of alcoholic beverages by individuals under 21.
B. Distribution, possession, or use of illegal drugs or controlled substances.
C. Possession of firearms or other dangerous weapons.

The abuse of alcohol and other drugs by students, regardless of age and of location (on-campus or off-campus), is prohibited by the Student Conduct Code. The College can, and will, impose disciplinary sanctions for violations. Students are also subject to city ordinances and state and federal laws. A separate policy addresses violations by College staff.

The College strongly encourages students and staff members to voluntarily obtain assistance for dependency or abuse problem before such behavior results in an arrest and/or disciplinary referral which might result in their separation from the institution.

The use of, or addiction to, alcohol, marijuana, or controlled substances is not considered an excuse for violations of the Student Conduct Code or staff expectations, and will not be a mitigating factor in the application of appropriate disciplinary sanctions for such violations.

Help is available both on campus and within the community for students and staff members who are dependent on, or who abuse the use of alcohol or other drugs. Davidson College Counseling Center, 704-894-2451, Davidson College Employee Assistance Program, (704) 529-1428 and
other professional agencies will maintain the confidentiality of persons seeking help for personal dependency and will not report them to institutional or state authorities. The Health Educator in the Health and Counseling Center provides educational and awareness programming, information, and assistance.

**Student Sanctions - Alcohol, Other Drugs, and Weapons**

Underage students confronted by the institution for the consumption of alcohol will face disciplinary sanctions as referenced below.

**Alcohol Policy Enforcement**

1. The Dean of Students Office will handle violations of the Davidson College Alcohol Policy.

2. Individual Violations
   Students who are found responsible for a violation of the alcohol policy will receive a sanction. In most circumstances, a student violates the alcohol policy will be subject to the following:

First offense:

The student may be required to meet with a representative of the Student Life Staff and will receive a follow-up warning letter from the Dean of Students, plus a $25 fine.

Second offense:

The student will be required to meet with a representative of the Student Life Staff, receive a follow up warning letter, plus a $50 fine and be required to complete 5 hours of college service within one month of committing the violation. Furthermore, a letter will be sent home to the student's parents or guardians.

Third offense:

A third offense of the alcohol violation will automatically result in a hearing before the Judicial Committee, plus a $100 fine. In that case, the full range of sanctions possible, as listed in the Code of Disciplinary Procedures, may be given. This includes, but is not limited to, probation, college service, fine, eviction, and referral to a counselor.

Students who have consumed alcohol to the point of severe intoxication (i.e. requiring assistance from staff or medical personnel) will also be referred to Student Counseling for an alcohol assessment. Parental notification will likely occur in these circumstances, even if it is the student's first offense.

In a case where additional non-alcohol violations have occurred, the student may face Code of Responsibility charges and advance through the conduct procedures as outlined in the Code of Disciplinary Procedures.

In most cases, if one calendar year passes without an alcohol violation, all previous violations will not be considered.
3. Providing alcohol to underage students

Students who use alcohol must do so responsibly and in a way that does not compromise the rights and safety of themselves or others. Students and student organizations should never supply alcohol to underage students. Hosts may be subject to disciplinary action if they have provided alcohol to underage students. Sanctions for violations of this policy follow. For purposes of this alcohol policy, the terms “fortified wine,” “malt beverage,” “mixed beverage,” “spirituous liquor,” and “unfortified wine” shall be defined as set forth in North Carolina General Statute Section 18B-101 (2010).

Students who supply malt beverage(s) or unfortified wine to an underage student or students may be subject to the following sanctions:

• First offense:

The student may be required to meet with a representative of the Student Life Staff and will receive a follow-up warning letter from the Dean of Students, plus a $25 fine.

• Second offense:

The student will be required to meet with a representative of the Student Life Staff, receive a follow up warning letter, be referred to Student Counseling for an alcohol assessment plus a $50 fine and be required to complete 5 hours of college service within one month of committing the violation. Furthermore, a letter will be sent home to the student’s parents or guardians.

• Third offense:

A third offense of the alcohol violation will automatically result in a hearing by the Judicial Committee, plus a $100 fine. In that case, the full range of sanctions possible, as listed in the Code of Disciplinary Procedures, 42 may be given. This includes, but is not limited to, probation, college service, fine, eviction, and referral to a counselor.

Students who supply fortified wine, spirituous liquor, or mixed beverage(s) to an underage student or students shall be subject to the following sanctions:

• First offense:

The student may be required to meet with a representative of the Dean of Students or Student Life Staff, will receive a follow-up warning letter, and be required to complete 5 hours of college service within one month of committing the violation. Students will pay a fine of $50.

• Second offense:
The student will be required to meet with a representative of the Dean of Students or other member of the Student Life Staff, receive a follow up warning letter, and be required to complete 10 hours of college service within one month of committing the violation. Additionally, the individual will be placed on social probation for one month from parties in the location or area in which the violation occurs (for example: Martin Court, Patterson Court, Residence Halls, the College Union, etc.) and a letter will be sent home to the student’s parents or guardians. Students will pay a fine of $75.

• Third offense:

A third violation will automatically result in a hearing by the judicial committee. In that case, the full range of sanctions possible, as listed on page 10 of the Handbook, may be given. This includes, but is not limited to, probation, college service, fine, eviction, and referral to a counselor. Students will pay a fine of $100.

4. DWI

A person commits the offense of impaired driving if he or she drives any vehicle (including golf carts and bicycles):
• While under the influence of an impairing substance; and/or,
• After having consumed sufficient alcohol that he has, at any relevant time after the driving, an alcohol concentration of 0.08 or more; and/or
• If the driver is under 21 years of age, the driver is considered to be driving while impaired if his BAC is 0.01 or above.

Sanctions:

If a student is pulled over and found to be driving while impaired the following will occur:
• Notification of the parents.
• Revocation of campus driving and parking privileges for 12 months.
• Referral to the Health Educator for evaluation and counseling. (Health Educator cannot do counseling but can do education)
• Social Probation for two months; this prohibits participation in social activities involving alcohol at Martin Court, Patterson Court, or the College Union.
• Pay a fine of $100.

Campus Police:

• A first offense may result in arrest and criminal charges if the driver is not of legal age or if the of-age-driver tests above the legal limit of 0.08 and demonstrates appreciable mental or physical impairment, or both.
• If the driver is below the legal limit, Davidson College Campus Police reserve the right to use their discretion when deciding whether or not to charge the driver with DWI and issuing the
above first offense consequences. 5. Charges against Patterson Court organizations shall be referred to the Patterson Court Judicial Board. Sanctions may include (1) warning, (2) censure, (3) fines, (4) social probation, (5) limiting or suspension of pledge activities if the violation pertains to pledge activities or to first-year guests, and (6) the canceling of the house's lease with the College.

**Alcohol Education & Treatment**

1. **Education**

   a) Davidson College shall provide a program of education concerning the use and abuse of alcohol and other drugs. Each year there will be a mandatory session for first-year students during Orientation and the first semester. These sessions shall be planned by the Office of the Dean of Students in cooperation with the Health Education Program, Residence Life Office, the Counseling Center and the College Union. Patterson Court organizations will be required to participate annually in an educational program planned by the Office of the Dean of Students and the Patterson Court Advisor.

   b) The Dean of the Faculty will seek to involve the Davidson faculty in a comprehensive effort to inform them and to sensitise their students to the issue of alcohol abuse. The Dean is further encouraged to help faculty members attend workshops conducted by the Counseling Center so they are alert to signs of abuse by their students and are able to refer these students to the Office of the Dean of Students for intervention and treatment.

   c) The Counseling Center and the Health Education Program will provide annual workshops for Hall Counselors and Resident Advisors in intervention techniques to provide assistance to those students who abuse alcohol.

   d) The Office of the Dean of Students, the Patterson Court Advisor, the Counseling Center, the Health Educator, and the Student Health Center will review annually the alcohol and other drug education programs.

2. **Counseling and Treatment**

   A program of counseling and treatment will be established by the Health Educator and the Counseling Center to include prevention, intervention, treatment, and support.

3. **Evaluation**

   The Committee on Campus and Religious Life (CCRL) will evaluate this policy periodically. Changes or reviews prior to that time may be conducted by the Office of the Dean of Students in conjunction with the Committee on Campus and Religious Life. This review should include a statistical summary of alcohol-related disciplinary cases, as well as evaluations by the Counseling Center, the Director of Residence Life, the Patterson Court Advisor, the Health Educator, the SGA, the Union Board, and the Patterson Court Council.

**General College Policy on Drugs**
The possession, use, or distribution of illegal drugs on the Davidson College campus is prohibited. Such conduct:

• Violates federal and state laws.
• Endangers one's physical and mental health; and endangers the health and safety of others, especially roommates and neighbors.
• Threatens the fabric of the community with serious security risks resulting from dealing with individuals operating outside the law.

Davidson College is not a sanctuary for illegal drug use and it will cooperate fully with all law enforcement officials investigating or charging a student with illegal drug use. Any student who violates federal or state illegal drug laws is subject to criminal prosecution as well as campus judicial proceedings.

Students are subject to disciplinary action for the possession, manufacture, use, sale or distribution of any quantity of prescription drugs or controlled substance, except for the use of an over-the-counter medication or for the prescribed use of medication in accordance with the instructions of a physician. Controlled substances include, but are not limited to:

- mushrooms
- Marijuana
- cocaine
- "crack" or other cocaine derivatives
- Heroin
- Amphetamines
- Barbiturates
- LSD, PCP
- "ecstasy", "eve", or other "designer drugs"
- "roofies" rohypnol

Possession of paraphernalia associated with the use, possession or manufacture of a prescription drug or controlled substance is also prohibited by state law and college policy.

The penalties to be imposed by the college may range from probation to indefinite suspension.

However, the following minimum penalties shall be imposed:

1. The minimum penalty for a first-time violation of the Illegal Drug Policy for the illegal use of a Schedule VI drug as defined by North Carolina Statute (e.g. Marijuana, THC, Hashish, Hash Oil) or Schedule VI drug paraphernalia will be disciplinary probation for a full year, a requirement for participation in a drug abuse education and/or treatment program, and a letter will be sent to parents. Any student who violates the Illegal Drug Policy with the use of a Schedule VI drug or drug paraphernalia for a second time will be immediately suspended from the college and for at least one semester beyond the semester in which the violation occurs. Other sanctions may apply depending on the type of drug possessed, used, distributed or sold.*
2. The minimum penalty for a first-time violation of the Illegal Drug Policy for the illegal use of drugs found in Schedules I-V as defined by North Carolina Statute (e.g. all other controlled substances, prescription drugs) or their paraphernalia will be the immediate suspension of the guilty student from the college and for at least one semester beyond the semester in which the violation occurs. Other sanctions may apply depending on the type of drug possessed, used, distributed or sold. (See the following charts for more specific details.)*

3. The penalty for a violation of the Illegal Drug Policy for the sale, distribution, or manufacture of a prescription drug, controlled substance or drug paraphernalia will be an immediate indefinite suspension from the college.*

* A student charged and admitting guilt for a violation of the Illegal Drug Policy may choose to appear before the Judicial Committee to determine an appropriate sanction. A student charged but not admitting guilt will appear before the Honor Council.

As citizens, the students, faculty and staff at Davidson are responsible for knowing and complying with all applicable federal, state and local laws that make it a crime to possess, sell, deliver or manufacture those drugs considered “controlled substances” by the State of North Carolina and the United States Government. Any member of the college community who violates the law is subject both to prosecution and punishment by the civil authorities and to disciplinary proceedings by the college.

Students whose use of alcohol or drugs results in harm or the threat of harm to themselves or others, or to property, regardless of the location of the incident, may face disciplinary action by the College up to and including expulsion.

**Testing for the presences of illegal substances may be a condition of any probationary status imposed by the College for Violations of drug-related provisions of this policy.**

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**Drug and Alcohol Education and Testing Policy**

**I. Introduction**

The goal of the Davidson College Athletic Department’s Drug and Alcohol Education and Testing Policy is to promote a substance-free environment in the college’s intercollegiate athletic program. The abuse of controlled substances and performance-enhancing substances is detrimental to the health of a Student-Athlete, can compromise the health and safety of the Student-Athlete and other Student-Athletes during competition and practice, can interfere with academic performance, and compromises the integrity and spirit of the intercollegiate athletic competition.

The purposes of this Drug and Alcohol Education and Testing policy, which includes education, screening, counseling, and sanctions, are

1) Educate Davidson College Student-Athletes on the dangers of drug and alcohol use and abuse;

2) To detect possible prohibited drug use though a screening program based on random testing;

3) To assist in the rehabilitation of Student-Athletes using or abusing banned substances; and
4) To disassociate from our intercollegiate athletics programs any person who is found to be engaged in improper use of drugs who does not respond to rehabilitation efforts.

This policy applies to all “Student-Athletes,” defined as students participating in the college’s intercollegiate athletics program, including students who are not currently playing but are still associated with athletic teams (e.g., students who are injured, academically ineligible, red-shirted). Students who have exhausted their NCAA eligibility and/or are no longer associated with athletic teams are not covered by this policy.

This policy is not to be construed as a contract between Davidson College and the Student-Athletes. However, signed consent and notification forms shall be considered affirmation of the Student-Athlete’s agreement to the terms and conditions stated in this policy.

This policy is separate and distinct from the NCAA Drug-Testing program and can be amended by the college at any time.

II. Explanation and Education

A. Explanation of Policy
   i. A presentation will be made to each intercollegiate athletic team to review this policy, its purposes and implementation, and sanctions for violating it. A copy of this policy will be given to Student-Athletes and they will be asked to sign a form acknowledging receipt of the policy and consent to testing (attached as Appendix A).

   ii. Any Student-Athlete who does not wish to sign the consent form may choose not to do so and forego participation in intercollegiate athletics. Student-Athletes are free to refuse to consent to drug testing under this policy. However, Student-Athletes who refuse to be testing in accordance with this policy, which is designed to protect the health and welfare of the Student-Athlete, will not be permitted to participate in intercollegiate athletics at Davidson College and will, therefore, lose any athletic scholarship.

   iii. This policy shall be published on the college athletic web site with recruiting materials to inform Prospective Student-Athletes of its existence.

B. Educational Program
   i. Educational information will be addressed at each pre-season team meeting.

   ii. Additional drug and alcohol education may be provided during the course of the school year. These programs will be administered by a Sports Psychologist or outside guest speaker, in conjunction with the Sports Medicine Department and the Office Psychological and Counseling Services.

   iii. Attendance of the Student-Athlete at scheduled educational sessions is mandatory. Absence will be permitted only if approved by the Student-Athlete’s head coach.
iv. Athletic trainers, team physicians, and other appropriate athletic department personnel should participate in these educational sessions. All coaches are expected to participate in at least one education session each year.

III. Drug Testing Component

A. Banned Substances
   i. The following substances are banned substances under this policy:
      a. All substances banned by the National Collegiate Athletic Association (NCAA). A copy of the NCAA Banned Drugs list is attached to this policy as Appendix B.
      b. Performance Enhancing Drugs, including but not limited to anabolic/androgenic steroids and their metabolites, exogenous testosterone (if not prescribed), and blocking/masking agents. A list of banned Performance Enhancing Drugs is attached to this policy in Appendix B.
      c. Socially Used Drugs, defined as controlled substances proscribed by federal or state law.
      d. Dietary supplements (refer to Appendix C for specific provisions and Appendix D for student-athlete reporting of dietary supplements)
      e. Tobacco (refer to Section IV Tobacco Use)
      f. Alcohol (refer to Section V Alcohol Use)
   ii. Unauthorized use of banned substances constitutes an abuse of the privilege of representing the College in intercollegiate athletic competition. Such use may result in suspension or dismissal from an athletic team and may lead to further sanctions, including the loss of a Student-Athlete’s scholarship, consistent with NCAA regulations. Such use will be reported to the Dean of Students and may result in additional proceedings and sanctions under the Code of Responsibility.

B. Medical Exceptions
   i. Davidson College recognizes that some banned substances are used for legitimate medical purposes. There will be an allowance made for Student-Athletes with a documented medical history demonstrating the need for regular use of such medication per NCAA regulations.
      a. Athletes should notify the Sports Medicine staff upon arrival to campus or when prescribed if previously enrolled.
      b. In the case of use of a banned substance to treat Attention Deficit Hyperactive Disorder, the Student-Athlete’s documentation from the prescribing physician to the athletic department/sports medicine staff should contain a minimum of the following information to help ensure that ADHD has been diagnosed and is being managed appropriately.
         1. Description of the evaluation process which identifies the assessment tools and procedures including test results.
2. Statement of the diagnosis, including when it was confirmed
3. History of ADHD treatment (previous/ongoing)
4. Statement that a non-banned ADHD alternative has been **considered** if a stimulant is currently prescribed
5. Statement regarding yearly follow up and monitoring visits

ii. Student-Athletes are encouraged to review the NCAA website for more information and details on medical exceptions. ([www.ncaa.org](http://www.ncaa.org), academics & athletes, health & safety, look under Recently Released, NCAA Drug Testing Medical Exceptions Policy-ADHD Reporting Guidelines)

C. Screening Program
i. Consequences of refusal to participate
   a. A Student-Athlete who refuses to consent to drug testing under this policy will not be permitted to participate in intercollegiate athletics at Davidson College and will, therefore, lose any athletic scholarship.
   b. A Student-Athlete who fails to appear at the designated time and place for drug testing will be ineligible to participate in intercollegiate athletics (training, practice or competition) unless and until reinstated by the Director of Athletics or his/her designee. The Director of Athletics or his/her designee, within 2 days after the scheduled drug testing will evaluate the circumstances regarding the Student-Athlete’s failure to appear and may reinstate eligibility or set conditions for reinstatement (e.g., rescheduling drug test).
   c. If a Student-Athlete is unable to produce valid urine sample the Student-Athlete will be suspended from eligibility to participate in intercollegiate athletics until the Student-Athlete produces the required specimen.

ii. Selection process: The testing program consists of the following types of testing:
   a. **Unannounced Random Testing** – All Student-Athletes who have signed the consent form and are listed on the team roster are subject to unannounced random testing at any time. The Director of Athletics or his/her designees will select an official team roster and submit it to the contracted drug testing company who will select student-athletes by using a computerized random number program.
   b. **Reasonable Suspicion Screening** –
      1. A Student-Athlete may be subject to testing at any time with the Director of Athletics or his/her designee determines there is individualized reasonable suspicion to believe the participant is using a banned substance. Such reasonable suspicion may be based on objective information as determined by the Director of Athletics or by an Associate/Assistant Athletic Director, Head Coach, Assistant Coach, Head Athletic Trainer, Assistant Athletic
Trainer, or Team Physician, and deemed reliable by the Director of Athletics or his/her designee. The evidence supporting the suspicion must be reasonably reliable and should be clearly documented in writing using the Reporting Form attached hereto as Appendix E.

2. Reasonable suspicion may include, without limitation:
   a. Observed possession or use of substances appearing to be banned substances;
   b. Arrest or conviction for a criminal offense related to the possession or transfer of banned substances;
   c. Disciplinary action taken by the college for a violation of the Code of Responsibility related to the possession or transfer of banned substances;
   d. Referrals by campus police to Dean of Students for suspected violations of the Code of Responsibility related to possession or transfer of banned substances; or
   e. Observed abnormal appearance, conduct or behavior reasonably interpretable as being caused by the use of banned substances. Among the indicators which may be used in evaluating a Student-Athlete’s abnormal appearance, conduct, or performance are: class attendance, significant GPA changes, athletic practice attendance, increased injury rate or illness, physical appearance changes, academic/athletic motivational level, emotional condition, and mood changes.

3. If there is reasonable suspicion, the Director of Athletics or his/her designee will notify the Student-Athlete and the Student-Athlete must stay with a member of their coaching staff, the athletics administration staff, or the sports medicine staff, until an adequate specimen is produced.

4. Note: The possession and/or use of banned substances may be determined by means other than urinalysis. When an individual is found to be in possession and/or using such substances, he/she will be subject to the same procedures that would be followed in the case of a positive urinalysis.

c. Post-season/Championship Screening – Any participant or team likely to advance to post-season championship competition may be subject to additional testing. Testing may be required of all team members or individual Student-Athletes at any time within thirty (30) days prior to the post-season competition. If a Student-Athlete tests positive, he or she will
not be allowed to compete at the post-season event and will be subject to the sanctions herein.

d. Re-entry Testing – A Student-Athlete who has had his or her eligibility to participate in intercollegiate sports suspended as a result of a banned substance violation may be required to undergo re-entry testing after the counselor or specialist involved in the Student-Athlete’s case indicates that re-entry into the intercollegiate sports program is appropriate.

e. Follow-up Testing – A Student-Athlete who has returned to participation in intercollegiate sports following a positive drug test under this policy may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Athletic Director or his/her designee in consultation with the counselor or specialist involved in the Student-Athlete’s case.

f. Pre-season Screening – Student-Athletes are subject to pre-season drug testing and may be notified of such by the Director of Athletics or his/her designee at any time prior to the first competition.

iii. Testing procedure

a. Procedure of testing

1. No more than 24 hours prior to the test, the Student-Athlete is notified by the Director of Athletics of his/her designee of selection to be tested under this policy. Notification will be made in person or by phone call.

2. The Student-Athlete signs notification of selection.

3. The Director of Athletics or his/her designee signs as a witness.

4. The Student-Athlete arrives at the designated site promptly.

5. The testing procedure will follow the Urine Collection Guidelines attached hereto as Appendix F, and the Student-Athlete will be given a copy of the Urine Collection Guidelines by the collector.

6. If a Student-Athlete is suspected of manipulating their specimen (e.g. via dilution) the Student-Athlete’s sample will be considered invalid and the Student-Athlete will be subjected to further testing or disqualification.

7. The designated drug testing coordinator will obtain results from contracted drug testing company.

D. Notification of Positive Test Results

i. The Director of Athletics, the Head Team Physician, the Head Athletic Trainer, the Student-Athlete’s coach, and, if the Student-Athlete has one, his/her substance abuse counselor will be informed of positive test results. Other college officials may be notified of the result when the Director of Athletics or his/her designee
determines that the relevant official has a legitimate institution interest in receiving the information.

ii. The Director of Athletics or his/her designee may inform the parents and/or guardians of any Student-Athlete who is under eighteen years of age of a first positive test result. The Director of Athletics or his/her designee may notify a Student-Athlete’s parents and/or guardians of second and subsequent positive results, regardless of the Student-Athlete’s age. With performance enhancing drugs, all positives will be reported to the Student-Athlete’s parents and/or guardians.

iii. Reinstatement petitions and appeals can also result in the disclosure of test results pursuant to this policy.

iv. The Athletic Director or his/her designee may refer a positive test result to the Dean of Students as a potential violation of the Code of Responsibility, and in that case the provisions in the Code of Disciplinary Procedures and the college’s Alcohol and Drug Policy for notification of parents and/or guardians will apply.

E. Consequences of Impermissible Drug Use

i. First Occasion

a. Counseling, rehabilitation and behavior modification evaluation by the Davidson College counseling center. The interpretation and subsequent recommendations for treatment and rehabilitation resulting from this assessment shall be made available to the Intervention Team (comprising the Head Athletic Trainer, a Counselor and a Doctor or Nurse from the Student Health and Counseling Center, and the college Nutritionist). Any expenses incurred as the result of assessment along with all treatment and rehabilitation will be paid for by the student.

b. Notification to Dean of Students:

1. Any sanctions imposed by the athletic department will be subordinate to a suspension, if any, imposed by the office of student life.

c. Follow-up screening.

1. A Student–Athlete whose urinalysis screen produces a positive result will be subjected to a follow-up screen after allowance of adequate time for substances to be removed from the Student-Athlete’s system. The Student-Athlete will be subject to periodic testing throughout the year.

d. Suspension of athletic eligibility: For the first offense, the Student-Athlete will be suspended for ten percent of scheduled traditional competitions for his or her participation in intercollegiate athletic competition. This includes post season competition but does not include
scrimmages, non-traditional season competitions, alumni games or exhibition games/contests.

1. Additional penalties or dismissal from the team could be given by the head coach or athletic director if the athlete has had other discipline issues and previously been put on probation.

The break down for time missed is as follows:

<table>
<thead>
<tr>
<th>Sports</th>
<th># of Contest Missed</th>
<th># of Dates Missed</th>
<th>Max # of competitions allowed by NCAA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>6*</td>
<td></td>
<td>56</td>
</tr>
<tr>
<td>M/W Basketball</td>
<td>3</td>
<td></td>
<td>28</td>
</tr>
<tr>
<td>M/W Cross Country</td>
<td></td>
<td>1</td>
<td>7</td>
</tr>
<tr>
<td>Field Hockey</td>
<td>2</td>
<td></td>
<td>20</td>
</tr>
<tr>
<td>Football</td>
<td>1</td>
<td></td>
<td>11</td>
</tr>
<tr>
<td>Men’s Golf</td>
<td></td>
<td>2</td>
<td>24</td>
</tr>
<tr>
<td>Women’s Lacrosse</td>
<td>2</td>
<td></td>
<td>17</td>
</tr>
<tr>
<td>M/W Soccer</td>
<td>2</td>
<td></td>
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<tr>
<td>M/W Swimming</td>
<td>2</td>
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<td>20</td>
</tr>
<tr>
<td>M/W Tennis</td>
<td>3</td>
<td></td>
<td>25</td>
</tr>
<tr>
<td>M/W Track and Field</td>
<td></td>
<td>2**</td>
<td>18</td>
</tr>
</tbody>
</table>
Tournaments: each day counts as one contest missed despite the number of games played

** Two day meets counts as one date of competition

*** A dual match counts as one date of competition missed.

ii. Second Occasion

a. Counseling, rehabilitation and behavior modification evaluation by the Davidson College counseling center. The interpretation and subsequent recommendations for treatment and rehabilitation resulting from this assessment shall be made available to the intervention team. Any expenses incurred as the result of assessment along with all treatment and rehabilitation will be paid for by the student.

b. Notification of Dean of Students:

1. Any sanctions imposed by the athletic department will be subordinate to a suspension, if any, imposed by the office of student life.

c. Cancellation of all or part of any aid given to the Student-Athlete by Davidson College.

d. Suspension of athletic eligibility: For the second offense, the Student-Athlete will be suspended for fifty percent of scheduled traditional competitions for his or her participation in intercollegiate athletics. This includes post season competition but does not include scrimmages, non-traditional season competitions, alumni games or exhibition games/contests.

1. Additional penalties or dismissal from the team could be given by the head coach or athletic director if the athlete has had other discipline issues and previously been put on probation.

The breakdown for time missed is as follows:

<table>
<thead>
<tr>
<th>Sports</th>
<th># of Contest</th>
<th># of Dates Missed</th>
<th>Max # of competitions allowed by NCAA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volleyball</td>
<td>3</td>
<td>28</td>
<td>56</td>
</tr>
<tr>
<td>Wrestling</td>
<td>2***</td>
<td>16</td>
<td></td>
</tr>
</tbody>
</table>
### Tournaments:
- Each day counts as one contest missed despite the number of games played.
- A two-day meet counts as one date of competition.
- Tournaments count as one date of competition missed. A dual match counts as one date of competition missed.

#### Third Occasion

- **a.** Cancellation of Eligibility. The athletic eligibility of the student will be canceled permanently. The student will not be eligible for renewal of any athletic scholarship and any existing scholarship will be subject to cancellation. The Student-Athlete will no longer be under the jurisdiction of the athletic department and is not eligible for any related service.
- **b.** Notification of Dean of Students

<table>
<thead>
<tr>
<th>Sport</th>
<th>M/W</th>
<th>Women’s</th>
<th>Men’s Golf</th>
<th>Women’s Lacrosse</th>
<th>M/W Soccer</th>
<th>M/W Swimming</th>
<th>M/W Tennis</th>
<th>M/W Track and Field</th>
<th>Volleyball</th>
<th>Wrestling</th>
</tr>
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(Rounded to the nearest whole number)

* Tournaments: each day counts as one contest missed despite the number of games played.
** A two-day meets counts as one date of competition.
*** Tournaments: count as one date of competition missed. A dual match counts as one date of competition missed.
c. Counseling and rehabilitation. A student whose eligibility has been canceled may seek assistance from established counseling center on campus or medical resources otherwise recommended by intervention team. Such services will not be initiated, supervised or paid for by the athletic department, since the affiliation with the athletic program of the institution has been ended.

F. Notification of Sanctions.

The student will be given prompt written notice by the Athletic Director or his/her designee of the positive test results and the sanctions to be imposed.

G. Contesting Results of Test. Student-Athletes who test positive for a banned substance may, within 72 hours following receipt of notice of the positive test, contest the finding. Upon the Student-Athlete’s request for additional testing of the sample, the Director of Athletics or his/her designee will formally request the laboratory retained by the college to perform testing on specimen B. Specimen B findings will be final, subject to the results of any appeal. If specimen B results are negative, the drug test will be considered negative.

H. Reinstatement: A Student-Athlete may file a petition for reinstatement with the Director of Athletics during any suspension which results from a positive test. Along with his or her petition, the Student-Athlete must undergo a comprehensive medical examination, including drug testing and a review of all counseling or other treatment records by the school physician. The Intervention Team will consider the petition and all relevant records (including medical records) and forward a recommendation (along with the supporting documentation) to the Director of Athletics within 10 business days. The Director of Athletics will make the final determination regarding reinstatement.

I. Appeals.

i. A Student-Athlete may appeal (a) a determination that reasonable suspicion exists or (b) any sanction resulting from a positive drug test. A Student-Athlete desiring to appeal must file a written notice of appeal with the Director of Athletics within three business days of notification of a positive test result.

ii. A hearing will be conducted by a three-person Appeal Committee appointed by the Faculty Athletics Representative. No officer, employee, or agent of the athletic department shall be eligible to serve on such a committee. Evidence of the Student-Athlete's drug use and all positive test results will be presented to the Appeal Committee. The Student-Athlete may argue that (a) reasonable suspicion for the testing did not exist or (b) that the proposed sanctions for a positive test are inappropriate or contrary to this policy. The Student-Athlete may have an advisor from the college community (faculty, staff, or student) present at the hearing; however, the advisor may not play an active role in the hearing process. The Student-Athlete will be given an opportunity to present evidence to support his or her contentions, call witnesses, or cross-examine other witnesses presented by the
Director of Athletics (if any appear). The Student-Athlete will have the burden of proving that (a) no reasonable suspicion for the drug testing existed or (b) the sanction imposed for a positive drug test was inappropriate or contrary to this policy.

iii. The Appeal Committee will decide the appeal within five working days of the hearing and will notify, in writing, the Director of Athletics, the Student-Athlete, his/her head coach, the Head Trainer, and the Head Athletic Physician of its decision. The Director of Athletics may inform other university officials of the decision when the Director determines that the relevant official has a legitimate institutional interest in receiving the information. The decision of the Appeal Committee is final and may not be appealed. A written record of the Appeal Committee's decision, including the evidence considered by the Appeal Committee, will be maintained by the Director of Athletics.

J. Safe Harbor Program. An eligible Student-Athlete may refer himself/herself for voluntary evaluation, testing, and treatment for alcohol or drug problems under the Safe Harbor Program, attached hereto as Appendix G.

IV. TOBACCO USE

Use of tobacco products (e.g., cigarettes, cigars, pipes, and smokeless tobacco) poses serious health threats to Student-Athletes. The U.S. Surgeon General, National Cancer Institute, Center for Disease Control, and the National Institute for Dental Research do not recommend the use of any tobacco products.

The objectives of this policy as it relates to use of tobacco are: to assist Student-Athletes with tobacco related health problems; and to provide a uniform policy relating to tobacco use by Student-Athletes.

A. Prohibited Use

The use of tobacco products is prohibited during practice, competition, and athletic related events (e.g. athletics banquets, press conferences). Any Student-Athlete who uses tobacco products in violation of this policy will be subject to sanctions. Each head coach may also have team rules regarding the use of tobacco products away from competition, practice, and related events that may also impact the ability to practice and compete of the Student-Athlete on his/her team. Such rules may provide for sanctions that are more stringent than those required by this policy.

B. Consequences for Prohibited Use.

a. Student-Athletes violating this policy will be disqualified for the remainder of practice or competition.

i. If such penalty is invoked during competition, additional A-10 Conference penalties would be applicable.

ii. The prohibition applies to all contests, exhibitions, practices, meetings, etc.
b. A Student-Athlete who self-refers a tobacco products problem to any athletic department staff person will be referred to the Head Athletic Trainer or designee. The Student-Athlete will then be assessed by his/her team physician and by a substance abuse counselor, if deemed necessary by the team physician.

c. If a team physician determines that a Student-Athlete has a tobacco products addiction or health problem, the Davidson College counseling center and team physician will establish a treatment plan for the Student-Athlete.

d. If a Student-Athlete does not comply with the prescribed treatment plan, he/she will be suspended from the intercollegiate athletics program until he/she complies with the prescribed treatment plan.

V. ALCOHOL USE

Possession and consumption of alcohol by minors in the State of North Carolina is illegal. Accordingly, Student-Athletes under the age of 21 are expected to abide by State law. Responsible consumption or abstinence is expected from Student-Athletes over the age of 21. Student-Athletes may not consume alcohol prior to practice or competition. Each team will set its own policy for consumption of alcohol while in their traditional and non-traditional seasons. Each coach will submit their team policies to the athletic director prior to any collegiate activity for the year. Any violations of their policy will be reported to the athletic director prior to any penalties being enforced to the individual(s).

C. Prohibited Use

Student-Athletes, regardless of age are prohibited from drinking alcoholic beverages when traveling with or representing their teams.

a. Additionally, alcoholic beverages are not to be consumed while attending athletic events or athletic sponsored functions.

D. Consequences for Prohibited Use.

a. Should a Student-Athlete violate State law, college policy, or a team rule relating to the use of alcohol and should that violation come to the attention of any athletic department staff person, the staff person will notify the Head Athletic Trainer of the violation. The Student-Athlete will then be assessed

b. A Student-Athlete who self-refers an alcohol related problem to any athletic department staff person will be referred to the Head Athletic Trainer or designee. The Student-Athlete will then be assessed by his/her team physician and by a substance abuse counselor, if deemed necessary by the team physician.

c. Should a Student-Athlete be suspected of consuming alcohol prior to a practice or competition, the Student-Athlete will be referred to the Head Athletic Trainer or designee. The Student-Athlete will be held from practice or competition and referred to his/her team physician and Davidson College counseling center for assessment.
d. If the Davidson College counseling center or team physician determines that a Student-Athlete has an alcohol abuse problem a treatment plan will be established for that athlete.

e. If a Student-Athlete does not comply with the prescribed treatment plan, he/she will be suspended from the intercollegiate athletic program until the Student-Athlete has complied with the plan.

f. If a Student-Athlete self-refers directly to a substance abuse counselor for an alcohol abuse problem, the counselor will perform a substance abuse assessment. The Student-Athlete’s team physician and athletic training staff will be notified in writing of the results of the assessment, including any prescribed treatment.

Appendix A – Consent Form
Appendix B – NCAA Banned Drugs List
Appendix C - Policy Statement on Use of Supplements
Appendix D – Student-Athlete Supplement Notification Form
Appendix E – Reasonable Suspicion Reporting Form
Appendix F – Urine Collection Guidelines
Appendix G – Safe Harbor Program and Acknowledgment Form

Date Adopted: [8/1/2014]
Updated: [1/28/2015]
ACKNOWLEDGMENT OF STUDENT-ATHLETE
DRUG EDUCATION AND TESTING POLICY
AND CONSENT FOR DRUG TESTING

I, ____________________, was present at my team certification meeting. I received a copy of the Student-Athlete Drug Education and Testing Policy.

I hereby consent to have specimens collected and tested for the presence of prohibited drugs in accordance with the provisions of the Student-Athlete Drug Education and Testing Policy. I understand that samples are sent to outside laboratories for actual testing.

I authorize the release of all information and records, including test results, relating to the testing of my specimen sample(s) to those individuals specified in the Student-Athlete Drug Education and Testing Policy. They include, but are not limited to, my head coach, my team physician, the Head Team Physician, the Head Athletic Trainer, and the Director of Intercollegiate Athletics.

I waive any privilege or right to privacy I may have in connection with the release of such information and records to those individuals. I release Davidson College, its Board of Trustees, its officers, employees, and agents from legal responsibility or liability for the release of such information and records to those individuals.

I understand that I may choose not to sign this Form. If I do not sign this form, I understand that I will not be able to participate in intercollegiate athletics at Davidson College and that I will, therefore, have to forfeit my athletic scholarship and/or grant in aid.

_________________________________ _________________________

Student-Athlete Signature (Print Name)

Date: _____________________

_________________________________

Parent Signature

(If student-athlete is under 18)

Date: _____________________
Appendix B

NCAA Banned Drugs List
2014-15 NCAA Banned Drugs

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

The NCAA bans the following classes of drugs:

a. Stimulants
b. Anabolic Agents
c. Alcohol and Beta Blockers (banned for rifle only)
d. Diuretics and Other Masking Agents
e. Street Drugs
f. Peptide Hormones and Analogues
g. Anti-estrogens
h. Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned. The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:

b. Local Anesthetics (under some conditions).
c. Manipulation of Urine Samples.
d. Beta-2 Agonists permitted only by prescription and inhalation.
e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

NCAA Nutritional/Dietary Supplements Warning:

Before consuming any nutritional/dietary supplement product, review the product with the appropriate or designated athletics department staff!

- Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
- Student-athletes have tested positive and lost their eligibility using dietary supplements.
- Many dietary supplements are contaminated with banned drugs not listed on the label.
- Any product containing a dietary supplement ingredient is taken at your own risk.

Note to Student-Athletes: There is no complete list of banned substances.
Do not rely on this list to rule out any supplement ingredient.

Check with your athletics department staff prior to using a supplement.

Some Examples of NCAA Banned Substances in Each Drug Class
Stimulants:
amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexanamine, “bath salts” (methedrone) etc.

*exceptions*: phenylephrine and pseudoephedrine are not banned.

**Anabolic Agents** (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione):
Androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; ostarine, stanozolol; stenbolone; testosterone; trenbolone; etc.

**Alcohol and Beta Blockers** (banned for rifle only):
alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

**Diuretics** (water pills) and Other Masking Agents:
bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

**Street Drugs**:
heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (e.g., spice, K2, JWH-018, JWH-073)

**Peptide Hormones and Analogues**:
growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

**Anti-Estrogens**:
anastrozole; tamoxifen; formestane; ATD, clomiphene etc.

**Beta-2 Agonists**:
bambuterol; formoterol; salbutamol; salmeterol; etc.

Additional examples of banned drugs can be found at www.ncaa.org/drugtesting.

Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center (REC), 877-202-0769 or www.drugfreesport.com/rec password ncaa1, ncaa2 or ncaa3.

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.
Appendix C
Policy Statement on Use of Supplements
POLICY STATEMENT ON THE USE OF SUPPLEMENTS

It is to be noted that the Davidson College Athletics Department does not condone the use of dietary supplements. The NCAA stance on dietary supplements is that student-athletes should be advised that the most effective and safest way to enhance their performance is to avoid dietary/nutritional supplement products and rely on a combination of a healthy diet, appropriate conditioning, rest and recovery, and avoiding substance abuse.

Student-athletes should always bring all supplement products to the designated athletics staff before using, and then checking all supplements through the Resource Exchange Center, REC, staffed by the National Center for Drug Free Sport, the NCAA third party drug testing administrator. The REC is the only authoritative resource for questions related to whether listed ingredients on nutritional supplement product labels or in medications contain NCAA banned substances.

Products labeled as dietary supplements sold over the counter, in print advertisements and through the internet are under-regulated by the U.S. FDA. Dietary supplements are at risk of contamination or may include ingredients that are banned under your drug testing policy. Student-athletes have tested positive and lost their eligibility using dietary supplements. Any product containing dietary supplement ingredients is taken at the student-athlete’s own risk.

To access the REC, call toll free 1-877-202-0769 or go to www.drugfreesport.com/rec, select NCAA, and insert password ncaa1, ncaa2, or ncaa3 (depending on your divisional affiliation). Right on the home page you can select “Ask about Dietary Supplements” or go to the “Prescription/Over-the-Counter Drug Search”. It’s as easy as 1, 2, or 3.

By signing the Policy Consent Form, the student-athlete:
1. Acknowledges that he/she understands that they are to disclose all dietary supplements used to the head athletic trainer;
2. Acknowledges the aforementioned policies and statements, and fully accepts the detrimental and possibly permanent defects caused by the use of dietary supplements;
3. Fully accepts that they have been made aware of the Davidson College and the National Collegiate Athletic Association (NCAA) policies with regard to the use of dietary supplements;
4. Accepts any and all liability if they have in the past used, continue to use, and/or use at anytime in the future, dietary supplements in any form; and releases the Davidson College, its agents, and all personnel of any and all responsibility and liability related to such use.
Appendix D

Student-Athlete Supplement Notification Form

STUDENT-ATHLETE SUPPLEMENT NOTIFICATION FORM

I, ______________________________, acknowledge that I am currently taking and/or have

Student-Athlete Print Name
(within the past 6 months) taken the following ergogenic aids, creatine powder, amino acids, protein supplements, or other similar substances, hereinafter referred to as "Supplements." (Use the back of this form if necessary.)

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<th>DOSAGE</th>
<th>MAIN INGREDIENTS</th>
<th>COMMENTS</th>
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I understand and agree:

a) The Davidson College Department of Intercollegiate Athletics neither approves of nor condones the use of Supplements;

b) I have been informed of the Davidson College Department of Intercollegiate Athletics, Pioneer Football League, National Collegiate Athletic Association (NCAA), and United States Olympic Committee (USOC) policies with regards to the use of Supplements, and have had any questions about these policies answered;

c) The use of Supplements may result in serious harm to me, possible permanent injury to my health, and even death.

d) I risk losing my eligibility to participate in intercollegiate athletics if I test positive for an NCAA banned substance;

e) I must list all Supplements on the Chain of Custody Forms at the time of any drug test.

I fully accept any and all risks and liability if I have used in the past, continue to use, or use at any time in the future Department of Athletics any form of Supplements.

I further understand and agree Davidson College, its officers, employees, and agents are not responsible for any harm and possible permanent injury to my health caused by my past, present, and/or future use of Supplements. I agree to hold harmless, indemnify, and irrevocably and unconditionally release Davidson College, and their officers, employees and agents from any and all liability, and demands, claims and causes of action relating to my use of Supplements.

I understand the statements in this form, and have had all questions about the information in this from answered to my satisfaction.

__________________________________  _________________________
Student-Athlete’s Signature              Date

__________________________________  _________________________
Parent / Guardian’s Signature (if under 18 years old)  Date
Appendix E
Reasonable Suspicion Reporting Form
Reasonable Suspicion Reporting Form

I, _________________________________, under the reasonable suspicion clause that is outlined in the Davidson College Drug Education and Drug Testing Policy, report the following objective sign(s), symptom(s) or behavior(s) that I reasonably believe warrant ______________________________ be referred to the Director of Athletics or his/her designee for possible drug testing. The following sign(s), symptom(s) or behavior(s) were observed by me over the past _____ hours and/or ______ days.

Please check below all that apply:

The Student-Athlete has shown:
- irritability
- loss of temper
- poor motivation
- failure to follow directions
- verbal outburst (e.g. to faculty, staff, teammates)

The Student-Athlete has been:
- late for practice
- late for class
- not attending class
- receiving poor grades

The Student-Athlete has demonstrated the following:
- dilated pupils
- constricted pupils
- red eyes
- smell of alcohol on the breath
- smell of marijuana
- staggering or difficulty walking
- constantly running and/or red nose
- recurrent bouts with a cold or the flu

(Provide dates __________________ )

Other specific objective findings include:

________________________________________________________________________
________________________________________________________________________

Signatures:

______________________  ____________________________  ______________________
Name of Staff        Name of Counselor Consulted    Date Consulted

Reviewed By:

_______________________________________________________ _____________________
Director of Athletics/Designee    Date

______________________  ____________________________
Name of Staff        Date

Reasonable Suspicion Upheld
Reasonable Suspicion Denied
URINE COLLECTION GUIDELINES

1. Only those persons authorized by the institution will be allowed in the collection room.

2. When arriving to the collection room, the student-athlete will provide photo identification or a client representative will need to identify the student-athlete. The student-athlete will then print his or her name and arrival time on the Roster Sign-In Form.

3. The student-athlete will select a Custody & Control Form (CCF) from a supply of such and work with the institutional collector to complete the necessary information before proceeding with the specimen collection process.

4. The student-athlete will select a specimen collection beaker from a supply of such and will be escorted by the institutional collector (same gender) to the restroom to provide a specimen. The student-athlete will rinse his or her hands with water (no soap) and then dry their hands. Then the student-athlete will place a specimen barcode from the Custody & Control Form onto the beaker.

5. The institutional collector will directly observe the furnishing of the urine specimen to assure the integrity of the specimen.

6. The student-athlete will be responsible for keeping the collection beaker closed and controlled.

7. Fluids and food given to student-athletes who have difficulty voiding must be from sealed containers (approved by the institutional collector), opened and consumed in the collection room. These items must be free of any other banned substances.

8. If the specimen is incomplete, the student-athlete must remain in the collection room until the sample is completed. During this period, the student-athlete is responsible for keeping the collection beaker closed and controlled.

9. If the specimen is incomplete and the student-athlete must leave the collection room for a reason approved by the institutional collector, the specimen must be discarded.

10. Upon return to the collection room, the student-athlete will begin the collection procedure again.

11. Once an adequate volume specimen is provided; the institutional collector will escort the student athlete to the specimen processing table.

12. The specimen processor will instruct the student-athlete to closely observe the specimen processing steps and will then measure the specific gravity.

13. If the urine has a specific gravity below 1.005, no value will be recorded on the CCF and the specimen will be discarded by the student-athlete with the institutional collector observing. The student-athlete must remain in the collection room until another specimen is provided. The student athlete will provide another specimen.

14. Once the specimen processor has determined the specimen has a specific gravity above 1.005 the sample will be processed and sent to the laboratory.
15. If the laboratory determines that a student-athlete’s sample is inadequate for analysis, at the client’s discretion, another sample may be collected.

16. If a student-athlete is suspected of manipulating specimens (e.g., via dilution, substitution), the institutional collector will collect another specimen from the student-athlete.

17. Once a specimen has been provided that meets the on-site specific gravity, the student-athlete will select a sample collection kit from a supply of such.

18. The specimen processor will open the kit, demonstrate to the student-athlete the vials are securely sealed, open the plastic and open the A vial lid. The processor will pour the urine into the A and B vials and close the lids. The specimen processor should pour urine into vials above the minimum volume level (35 mL in A vial; 15 mL in B vial) and pour as much urine as possible into the vials using care not to exceed the maximum levels (90 mL in A vial; 60 mL in B vial).

19. The specimen processor will securely close the lids on each vial and then seal each vial using the vial seals attached to the CCF; assuring seals are tightly adhered to the vials with no tears or loose areas.

20. The specimen processor must then collect all necessary signatures (collector, donor, witness, and collector/specimen processor) and dates/times where indicated on the CCF.

21. The specimen processor will place the laboratory copy of the CCF in the back pouch of the plastic bag and the vials in the front pouch of the same bag. The bag should then be sealed. The sealed bag with vials will then be placed in the sample box. The box will then be sealed.

22. The student-athlete is then released by the institutional collector.

23. All sealed samples will be secured in a shipping case. The collector will prepare the case for forwarding. When two split samples are collected and packaged, care must be taken to assure one sample is placed in the shipping container for shipment to the “drugs of abuse” laboratory and one sample is placed in the shipping container for shipment to the “anabolic steroids” laboratory.

24. After the collection has been completed, the samples will be forwarded to the appropriate laboratory and copies of any forms forwarded to the Sport Drug Testing Department.

25. The samples then become the property of the client.

26. If the student-athlete does not comply with the collection process, the institutional collector will notify the appropriate institutional administrator and Drug Free Sport.
Appendix G
Safe Harbor Program and Acknowledgment Form
SAFE HARBOR PROGRAM

A student-athlete eligible for the Safe Harbor Program may refer himself/herself for voluntary evaluation, testing and treatment for alcohol or drug problems. A student-athlete is not eligible to enter the Safe Harbor Program:

1. More than one (1) time;
2. After he/she has been informed of an impending drug test;
3. After documentation of a positive drug test; or
4. Thirty (30) days prior to NCAA or Conference postseason competition.

Davidson College will work with the student to prepare a Safe Harbor treatment plan, which may include confidential drug testing. The student-athlete will be tested for banned substances upon entry into the Safe Harbor Program and such a positive initial test will not result in any administrative sanctions except those listed in this section (i.e. the team physician may suspend the student from play or practice if medically indicated). A student-athlete will be permitted to remain in the Safe Harbor Program for a reasonable period of time, not to exceed thirty (30) days, as determined by the treatment plan.

If a student-athlete is determined to have new banned substance use and/or alcohol use after the initial Safe Harbor Program test (as determined by follow-up testing), or fails to comply with the Safe Harbor Program treatment plan, the student-athlete will be removed from the Safe Harbor Program and be subject to appropriate disciplinary actions as detailed in the Davidson College Department of Athletics Drug Testing Policy and Procedures. Entering the Safe Harbor Program will be treated as one of the disciplinary action phases and any positive test indicating new banned substance use and/or alcohol use after the initial Safe Harbor Program test will be treated as the next subsequent positive.

While in compliance with the Safe Harbor Program treatment plan, the student-athlete will not be included in the list of students eligible for random drug testing by Davidson College. Students in the Safe Harbor Program may be selected for drug testing by the NCAA.

The Director of Athletics, Team Physician, Head Athletic Trainer, and the student-athlete’s Head Coach may be informed of the student-athlete’s participation in the Safe Harbor Program. The athletic trainer assigned to the student-athlete’s sport may also be notified if medically appropriate. The assistant coaching staff may also be informed at the discretion of the Head Coach. Other University employees may be informed only the extent necessary for the implementation of this policy.
Policy and Procedures Acknowledgement Form

I ________________________________ understand that, according to the
Student-Athlete Name
Davidson College’s Department of Intercollegiate Athletics Substance Abuse Policy and
Procedures, I may self-refer into the Safe Harbor Program once during my intercollegiate athletic
career for voluntary evaluation and counseling.

I further understand that I am not eligible for the Safe Harbor Program after being
informed of an impending test, after having received notification of a positive institutional test or
NCAA drug test, or thirty (30) days prior to NCAA or Conference post-season competition.

Davidson College will work with me to provide a treatment plan which may include
confidential impermissible substance testing. I will be furnished with a copy of the treatment
plan and guidelines after an initial meeting with a substance abuse counselor to evaluate the
extent of any of my substance use.

I understand that if I test positive for an impermissible substance upon entering the Safe
Harbor Program, the initial test result will not result in any administrative sanction, but may be
suspended from play or practice is medically warranted. I will be permitted to remain in the Safe
Harbor Program for a reasonable period, not to exceed thirty (30) days, as determined by the
treatment plan.

If I fail to comply with the treatment plan, I will be removed from the Safe Harbor
Program and my initial Safe Harbor positive test will be treated as a first positive and subject to
the sanctions as set forth in the policy. While in the Safe Harbor Program, I will not be included
in the regular random testing program, but may be selected for drug testing by the NCAA. Upon
successful completion of the Safe Harbor program, I will be subject to additional testing for one
calendar year.

The Director of Intercollegiate Athletics, the Team Physician, the Head Athletic Trainer
and my head coach or his/her designee will be informed of my participation in the Safe Harbor
Program. My assistant coach(es) may be notified at the discretion of the head coach or designee.
Other University employees may be informed only to the extent necessary for the
implementation of this policy.

Signature: __________________________________ Date: _______________
(Student-Athlete)

Signature: __________________________________ Date: _______________
(Director of Athletics/Designee)
### Commonly Imposed Disciplinary Sanctions For On-Campus Policy Violations:

<table>
<thead>
<tr>
<th>Policy Violation</th>
<th>Typical Monetary Sanction - 1st Offense</th>
<th>2nd offense</th>
<th>3rd offense</th>
</tr>
</thead>
<tbody>
<tr>
<td>Underage Possession of Alcohol</td>
<td>$25</td>
<td>Alcohol Education Program, $50 and 5 hours of community service</td>
<td>$100 and Judicial Committee hearing.</td>
</tr>
<tr>
<td>Supply alcohol to underage</td>
<td>$50, 5 hours of community service</td>
<td>$75, Letter to parents, Alcohol Education Program, 10 hours of community service, and social probation</td>
<td>$100 and Judicial Committee hearing.</td>
</tr>
<tr>
<td>Single Incident of Possession of Marijuana For Personal Use</td>
<td>$Disciplinary probation, letter to parents and Drug Abuse Education</td>
<td>Immediately suspended for current and next semester</td>
<td>N/A</td>
</tr>
<tr>
<td>Distribution, Sell or Manufacture, Schedule VI</td>
<td>Indefinite suspension</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>Possession of Any Amount of &quot;Hard&quot; Drugs (Cocaine, PCP, etc.), Schedule I-V</td>
<td>Immediate suspension for current and next</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>Distribution of Any Amount of &quot;Hard&quot; Drugs (Cocaine, PCP, etc.), Schedule I-V</td>
<td>Indefinite suspension</td>
<td>N/A</td>
<td>N/A</td>
</tr>
</tbody>
</table>

As members of the College community, students are also subject to city ordinances and to state and federal law. Arrest and prosecution for alleged violations of criminal law or city ordinances may result from the same incident for which the College imposes disciplinary sanctions.

### Employee Sanctions

The unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance by employees on College premises, or while conducting College business off College premises, is absolutely prohibited.
Violations of this prohibition by employees may result in the application of sanctions, including possible recommended participation in an approved drug abuse assistance or rehabilitation program, and disciplinary action up to and including termination of employment under applicable College policies, statutes, employment contracts, or collective bargaining agreements.

**Information on North Carolina State Laws Regarding Alcohol**

The purchase or possession of beer, wine, liquor, or mixed beverages by a person less than 21 years old is illegal under North Carolina General Statute Section 18B - 101 et. Seq.. Similarly, it is illegal to sell beer, wine, liquor, or mixed beverages to those less than 21 years old or to aid and abet a person less than 21 years old in obtaining alcoholic beverages. It is illegal to use a fraudulent ID or to permit the use of one's ID by a person less than 21 years old to purchase alcoholic beverages. It is illegal to give alcoholic beverages to an intoxicated person. Unless a different punishment is otherwise expressly stated, any person who violates any provision of statute section 18B - 101 et. Seq. shall be guilty of a misdemeanor. Penalties range in seriousness from a fine to imprisonment or both. A conviction report is sent to the N.C. Division of Motor Vehicles and will result in the revocation of the offender's driver's license for a period of one year.

A criminal record (misdemeanor or felony) may preclude admission to graduate or professional schools, profession licensure and certification, or security clearance of certain professions and positions.

The following are relevant excerpts from North Carolina statutes regarding alcoholic beverages.
1. Possession of Beer, Liquor, or Unfortified Wine by Any Person Under the Age of 21:
   - Penalty- Offense will be considered a misdemeanor that will become a matter of public record as a criminal conviction and subject the person to court costs and fines. (General Statute 18B-302)

2. Purchase or Attempt to Purchase Beer or Unfortified Wine:
   - Penalty- Offense will be considered a misdemeanor that will become a matter of public record as a criminal conviction and subject the person to court costs and fines. If using false identification, the DMV will revoke the defendant's license for one year. (General Statute 18B-302)

3. Aid and Abet in the Sale, Purchase, and/or Possession of Alcohol by Anyone Less than 21 Years of Age (This includes giving alcohol to anyone less than 21 years of age):
   - Penalty- Any person who aids or abets an underage person in violating this law may be fined up to $1000, serve 150 hours of community service, and upon conviction the DMV will revoke the defendant's driver's license for one year. (General Statute 18B-302)

4. The Use or Attempt to use a Fraudulent or Altered Driver's License in order to obtain Alcoholic Beverages when not of Lawful Age; or a Fraudulent or Altered Identification Document other than a Driver's License; or a Driver's License Issued to Another Person; or an Identification Document other than a Driver's License Issued to Another Person:
   - Penalty- The offense will be a misdemeanor resulting in court costs and/or fine and the DMV will revoke the defendant's driver's license for one year. (General Statute 18B-302)
5. Permit the use of the One's Driver's License or any other Identification Document of any Kind by any Person under 21 to Purchase or Attempt to Purchase or Possess Alcohol:

Penalty-The offense will be a misdemeanor resulting in court costs and/or fine and the DMV will revoke the defendant's driver's license for one year. (General Statute 18B-302)

6. Impaired Driving. A person commits the offense of driving while impaired (DWI) if he/she drives a vehicle upon any highway, any street or any public vehicular area within this state; after having consumed sufficient alcohol that he/she has, at any relevant time after the driving, an alcohol concentration of 0.08 or more; or while under the influence of an impairing substance:

Penalty-If an intoxication test yields an alcohol concentration of 0.08 percent or greater, driving privileges will be revoked immediately for a minimum of 30 days. Any person convicted may be fined a maximum of $2000; serve 24 months in prison, and the DMV will revoke the defendant's driver's license for one year. (General Statute 18B-302)

North Carolina general Statutes on Controlled Substances
Drugs, Alcohol and Their Risks North Carolina Laws - Davidson College Policy
Controlled Substances
Under the North Carolina Controlled Substances Act, Article 5, G.S. Ch. 90, the North Carolina Drug Commission is authorized to add, remove, or change the placement of a drug, substance, or immediate precursor to the list of controlled substances. Currently, substances are listed in six schedules:
SCHEDULE I Heroin, LSD, Peyote, Mescaline, Psilocybin, Methaqualone, PCP, MDA
General
A high potential for abuse, no currently accepted medical use in the United States, or no accepted safety for use in treatment under medical supervision. Examples include heroin, LSD, mescaline, and peyote.
HEALTH RISKS Psychologically and physically addictive; depression, withdrawal symptoms, convulsions, death, unpredictable behavior with hallucinogens; possible damage to unborn fetus. Mixing with alcohol or other depressants can be fatal.
POSSESSION PENALTIES / NORTH CAROLINA LAW 5 years in prison and/or fine (Felony)
SALE/MANUFACTURE PENALTIES / NORTH CAROLINA LAW 10 years in prison and/or fine (Felony)
POSSESSION PENALTIES / DAVIDSON COLLEGE POLICIES Immediate suspension of the guilty student from the college and for at least one semester beyond the semester in which the violation occurs. Other sanctions may apply depending on the type of drug possessed, used, distributed or sold.
SALE/MANUFACTURE PENALTIES / DAVIDSON COLLEGE POLICIES Indefinite Suspension.
SCHEDULE II Morphine, Demerol, Codeine, Percodan, Percocet, Fentanyl, Dilaudid, Seconal, Nembutal, Cocaine, Amphetamines
General A high potential for abuse, currently accepted medical use with severe restrictions, abuse of the substance may lead to severe psychological or physical dependence. Examples are opium, cocaine, codeine, amphetamine, methadone.
HEALTH RISKS Psychologically and physically addictive; withdrawal symptoms, convulsions, respiratory failure, frequent accidents; possible damage to unborn fetus; and possible death. Cocaine and amphetamines increase blood pressure which can lead to irregular heartbeat and death; amphetamines can cause agitation, increase in body temperature, hallucinogens, convulsions, possible death.

POSSESSION PENALTIES / NORTH CAROLINA LAW 2 years in prison and/or $2,000 fine (misdemeanor) unless: 1. Exceeds four tablets of Hydromorphone 2. Exceeds 100 tablets, capsules, other dosage units or equivalent quantity 3. Any amount of Cocaine. Maximum penalty: 5 years in prison and/or fine (Felony)

SALE/MANUFACTURE PENALTIES / NORTH CAROLINA LAW 10 years in prison and/or fine (Felony)

POSSESSION PENALTIES / DAVIDSON COLLEGE POLICIES Required participation in a drug abuse treatment program. Disciplinary probation for a full year, and a letter will be sent to parents. Second violation will result in an immediate suspension for at least one semester beyond the semester in which the violation occurs.

SALE/MANUFACTURE PENALTIES / DAVIDSON COLLEGE POLICIES Indefinite Suspension.

Laws are subject to revision at any time; the information provided is a general guide only. Students with specific legal questions and those arrested on alcohol and other drug charges should consult an attorney.

Any student who violates federal or state illegal drug laws is subject to criminal prosecution as well as campus judicial proceedings.

SCHEDULE III Certain Barbiturates in Codeine Containing Medicine (Tylenol #3, Empirin #3, Tussionex), Anabolic Steroids

General A potential for abuse less than the substances listed in Schedules I and II; currently accepted medical use in the United States; and abuse may lead to moderate or low physical dependence or high psychological dependence. Examples include Tylenol #3 and Empirin #3.

HEALTH RISKS Psychologically and physically addictive; potential liver damage, nausea and vomiting, dizziness, disorientation, shallow breathing, cold and clammy skin, coma, possible death; withdrawal symptoms include anxiety, tremors, insomnia, convulsions; possible damage to unborn fetus.

POSSESSION PENALTIES / NORTH CAROLINA LAW Less than 100 tablets: 2 years in prison and/or fine (Misdemeanor), More than 100 tablets: 5 years in prison and/or fine (Felony)

SALE/MANUFACTURE PENALTIES / NORTH CAROLINA LAW 5 years in prison and/or fine (Felony)
POSSESSION PENALTIES / DAVIDSON COLLEGE POLICIES Immediate suspension of the guilty student from the college and for at least one semester beyond the semester in which the violation occurs. Other sanctions may apply depending on the type of drug possessed, used, distributed or sold.

SALE/MANUFACTURE PENALTIES / DAVIDSON COLLEGE POLICIES Indefinite Suspension.

SCHEDULE IV Barbiturates, narcotics, and stimulants, including Valium, Talwin, Librium, Darvon, Tranzeze, Serax, Equanil, Ionamin
General A low potential for abuse relative to the substances listed in Schedule III, currently accepted medical use in the United States, and limited physical or psychological dependence relative to the substances listed in Schedule III. Examples include several commonly prescribed tranquilizers and phenobarbital.
HEALTH RISKS Psychologically and physically addictive; drowsiness, withdrawal symptoms include tremors, abdominal and muscle cramps, insomnia, anxiety, convulsions; possible death, possible damage to unborn fetus. Mixing with alcohol or other substances can be fatal.

POSSESSION PENALTIES / NORTH CAROLINA LAW Less than 100 tablets: 2 years in prison and/or fine (Misdemeanor), More than 100 tablets: 5 years in prison and/or fine (Felony)

SALE/MANUFACTURE PENALTIES / NORTH CAROLINA LAW 5 years in prison and/or fine (Felony)

POSSESSION PENALTIES / DAVIDSON COLLEGE POLICIES Immediate suspension of the guilty student from the college and for at least one semester beyond the semester in which the violation occurs. Other sanctions may apply depending on the type of drug possessed, used, distributed or sold.

SALE/MANUFACTURE PENALTIES / DAVIDSON COLLEGE POLICIES Indefinite Suspension.

SCHEDULE V Compounds with limited Codeine such as Terpine Hydrate, Robitussin AC
General A low potential for abuse relative to the substances listed in Schedule III, currently accepted medical use in the United States, and limited physical or psychological dependence relative to the substances listed in Schedule IV. These substances may be sold at retail with a prescription to anyone 18 or older by a registered pharmacist for medical purposes. Examples include cough medicines with codeine or opium.
HEALTH RISKS Psychologically and physically addictive; nausea, gastrointestinal symptoms, drowsiness, withdrawal symptoms include runny nose, watery eyes, panic, chills, cramps, irritability, nausea; possible damage to unborn fetus.

POSSESSION PENALTIES / NORTH CAROLINA LAW 6 months in prison and/or fine (Misdemeanor)

SALE/MANUFACTURE PENALTIES / NORTH CAROLINA LAW 5 years in prison and/or fine (Felony)

POSSESSION PENALTIES / DAVIDSON COLLEGE POLICIES Immediate suspension of the guilty student from the college and for at least one semester beyond the semester in which the violation occurs. Other sanctions may apply depending on the type of drug possessed, used, distributed or sold.

SALE/MANUFACTURE PENALTIES / DAVIDSON COLLEGE POLICIES Indefinite Suspension.

SCHEDULE VI Marijuana, THC, Hashish, Hash Oil
General No currently accepted medical use in the United States or a relatively low potential for abuse in terms of risk to public health, and potential to produce psychological or physiological dependence based upon present medical knowledge, or a need for further and continuing study to develop scientific knowledge of its pharmacological effects. The only two substances on this schedule are marijuana and tetrahydrocannabinols.

HEALTH RISKS Psychologically addictive; increased risk of lung cancer, bronchitis, and emphysema; contributes to heart disease, fatigue, paranoia, possible psychosis; withdrawal symptoms include insomnia, hyperactivity and decreased appetite; depression of the immune system; decreased sperm count in men and irregular ovulation in women.

POSSESSION PENALTIES / NORTH CAROLINA LAW Less than 1/2 oz. Marijuana or 1/20 oz. Hashish: 30 days in prison and/or $100 fine (Misdemeanor), More than 1/2 oz. Marijuana or 1/20 oz. Hashish: 5 years in prison and/or fine (Felony)

SALE/MANUFACTURE PENALTIES / NORTH CAROLINA LAW 5 years in prison and/or fine (Felony)

POSSESSION PENALTIES / DAVIDSON COLLEGE POLICIES Required participation in a drug abuse treatment program. Disciplinary probation for a full year, and a letter will be sent to parents. Second violation will result in an immediate suspension for at least one semester beyond the semester in which the violation occurs.

Federal Drug Laws

The possession, use, or distribution of illicit drugs is prohibited by federal law. Strict penalties are enforced for drug convictions, including mandatory prison terms for many offenses. The following information, although not complete, is an overview of federal penalties for first convictions. All penalties are doubled for any subsequent drug conviction.

Denial of Federal Aid (20 USC 1091)

Under the Higher Education Act of 1998, students convicted under federal or state law for the sale or possession of drugs will have their federal financial aid eligibility suspended. This includes all federal grants, loans, federal work study programs, and more. Students convicted of drug possession will be ineligible for one year from the date of the conviction of the first offense, two years for the second offense, and indefinitely for the third offense. Students convicted of selling drugs will be ineligible for two years from the date of the first conviction, and indefinitely for the second offense. Those who lose eligibility can regain eligibility by successfully completing an approved drug rehabilitation program.

Forfeiture of Personal Property and Real Estate (21 USC 853)

Any person convicted of a federal drug offense punishable by more than one year in prison shall forfeit to the United States any personal or real property related to the violation, including houses, cars, and other personal belongings. A warrant of seizure is issued and property is seized at the time an individual is arrested on charges that may result in forfeiture.
Federal Drug Trafficking Penalties (21 USC 841)

Penalties for federal drug trafficking convictions vary according to the quantity of the controlled substance involved in the transaction. The following list is a sample of the range and severity of federal penalties imposed for first convictions. Penalties for subsequent convictions are twice as severe.

If death or serious bodily injury result from the use of a controlled substance which has been illegally distributed, the person convicted on federal charges of distributing the substance faces mandatory life sentence and fines ranging up to $8 million.

Persons convicted on federal charges of drug trafficking within 1,000 feet of a College (21 USC 845a) face penalties of prison terms and fines which are twice as high as the regular penalties for the offense, with a mandatory prison sentence of at least 1 year.

<table>
<thead>
<tr>
<th>Drug/Substance</th>
<th>Amount</th>
<th>Penalty - 1st Conviction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Barbiturates</td>
<td>Any amount</td>
<td>Up to 5 years prison. Fine up to $250,000</td>
</tr>
<tr>
<td>Cocaine</td>
<td>5 kgs. or more</td>
<td>Not less than 10 years prison, not more than life. Fine up to $4 million</td>
</tr>
<tr>
<td></td>
<td>Less than 100 grams</td>
<td>10-63 months prison. Fine up to $1 million</td>
</tr>
<tr>
<td>Crack Cocaine</td>
<td>50 grams or more</td>
<td>Not less than 10 years prison, not more than life. Fine up to $4 million</td>
</tr>
<tr>
<td></td>
<td>5-49 grams</td>
<td>Not less than 5 years prison, not more than 40 years. Fine up to $2 million</td>
</tr>
<tr>
<td></td>
<td>5 grams or less</td>
<td>10-63 months prison. Fine up to $1 million</td>
</tr>
<tr>
<td>Ecstasy</td>
<td>Any amount</td>
<td>Up to 20 years imprisonment. Fine up to $1 million. 3 years of supervised releases (following prison)</td>
</tr>
<tr>
<td>GHB</td>
<td>Any amount</td>
<td>Up to 20 years imprisonment. Fine up to $1 million. 3 years of supervised releases (following prison)</td>
</tr>
<tr>
<td>Hashish</td>
<td>10-100 kg</td>
<td>Up to 20 years imprisonment. Fine up to $1 million.</td>
</tr>
<tr>
<td></td>
<td>10 kg or less</td>
<td>Up to 5 years imprisonment. Fine up to $250,000</td>
</tr>
<tr>
<td>Hash Oil</td>
<td>1-100 kg</td>
<td>Up to 20 years imprisonment. Fine up to $1 million.</td>
</tr>
<tr>
<td></td>
<td>1 kg or less</td>
<td>Up to 5 years imprisonment. Fine up to $250,000</td>
</tr>
<tr>
<td>Heroin</td>
<td>1 kg or more</td>
<td>Not less than 10 years prison, not more than life. Fine up to $4 million</td>
</tr>
<tr>
<td>Substance</td>
<td>Quantity</td>
<td>Penalties</td>
</tr>
<tr>
<td>-----------------</td>
<td>-----------------------------------------</td>
<td>---------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Ketamine</td>
<td>Any amount</td>
<td>Up to 5 years imprisonment. Fine up to $250,000. 2 years supervised release</td>
</tr>
<tr>
<td>LSD</td>
<td>10 grams or more</td>
<td>Not less than 10 years prison, not more than life. Fine up to $4 million</td>
</tr>
<tr>
<td></td>
<td>1-10 grams</td>
<td>Not less than 5 years prison, not more than 40 years. Fine up to $2 million</td>
</tr>
<tr>
<td>Marijuana</td>
<td>1000 kg or more</td>
<td>Not less than 10 years prison, not more than life. Fine up to $4 million</td>
</tr>
<tr>
<td></td>
<td>100-999 kg</td>
<td>Not less than 5 years prison, not more than 40 years. Fine up to $2 million</td>
</tr>
<tr>
<td></td>
<td>50-99 kg</td>
<td>Up to 20 years imprisonment. Fine up to $1 million</td>
</tr>
<tr>
<td></td>
<td>50 kg or less</td>
<td>Up to 5 years imprisonment. Fine up to $250,000</td>
</tr>
<tr>
<td>Methamphetamine</td>
<td>50 grams or more</td>
<td>Not less than 10 years prison, not more than life. Fine up to $4 million</td>
</tr>
<tr>
<td></td>
<td>10-49 grams</td>
<td>Not less than 5 years prison, not more than 40 years. Fine up to $2 million</td>
</tr>
<tr>
<td></td>
<td>10 grams or less</td>
<td>10-21 months prison. Fine up to $1 million</td>
</tr>
<tr>
<td>PCP</td>
<td>100 grams or more</td>
<td>Not less than 10 years prison, not more than life. Fine up to $4 million</td>
</tr>
<tr>
<td></td>
<td>10-99 grams</td>
<td>Not less than 5 years prison, not more than 40 years. Fine up to $2 million</td>
</tr>
<tr>
<td></td>
<td>10 grams or less</td>
<td>10-21 months prison. Fine up to $1 million</td>
</tr>
<tr>
<td>Rohypnol</td>
<td>1 gram or more</td>
<td>Up to 20 years imprisonment. Fine up to $1 million</td>
</tr>
<tr>
<td></td>
<td>less than 30 mgs</td>
<td>Up to 5 years imprisonment. Fine up to $250,000</td>
</tr>
</tbody>
</table>

**Federal Drug Possession Penalties (21 USC 844)**

Persons convicted on Federal charges of possessing any controlled substance face penalties of up to 1 year in prison and a mandatory fine of no less than $1,000 up to a maximum of $100,000.
Second convictions are punishable by not less than 15 days but not more than 2 years in prison and a minimum fine of $2,500. Subsequent convictions are punishable by not less than 90 days but not more than 3 years in prison and a minimum fine of $5,000. Possession of drug paraphernalia is punishable by a minimum fine of $750.

Special sentencing provisions for possession of crack cocaine impose a mandatory prison term of not less than 5 years but not more than 20 years and a fine up to $250,000, or both if:

A. It is a first conviction and the amount of crack possessed exceeds 5 grams;
B. It is a second conviction and the amount of crack possessed exceeds 3 grams;
C. It is a third or subsequent crack conviction and the amount exceeds 1 gram.

Civil penalties of up to $10,000 may also be imposed for possession of small amounts of controlled substances, whether or not criminal prosecution is pursued.

**Counseling and Treatment**

Short term alcohol and other drug counseling is available on campus to students through the Davidson College Health and Counseling Center, 704/894-2451. Students may be referred through the Counseling Center to other treatment programs for more intensive treatment. Through Davidson College’s Human Resources department, Davidson College’s Employee Assistance Program offers employees additional education and counseling, as well as appropriate referrals. Within Mecklenburg County, the following substance abuse counseling agencies exist: Anuvia Prevention and Recovery Center, 704/376-7447 and McLeod Addictive Disease Center, 704/332-9001. These agencies provide a variety of services which may include intake/evaluation, social setting detoxification, intensive residential program, chemical dependency programs, adolescent and adult outpatient services, DUI evaluations and remedial education. Interested individuals are encouraged to contact each agency for additional information regarding specific services and costs.

**Prevention and Education**

Through the Health Education Office, 704/894-2902, http://www.davidson.edu/student-life/health-and-counseling/health-education. Individual, group and community educational programs and interventions designed to prevent and reduce alcohol and other drug use/abuse are offered to the Davidson College Community. As mandated by the Drug-Free Schools and Campuses Act, this policy is distributed to all students, staff and faculty on an annual basis, and during every even year, a biennial review of the comprehensive alcohol and other drug program is conducted. For more information concerning current programs, interventions and policies, contact Georgia Ringle, Health Educator, 704/894-2902, geringle@davidson.edu.

**Health Risks of Commonly Abused Substances**
<table>
<thead>
<tr>
<th>Substance</th>
<th>Nicknames/Slang Terms</th>
<th>Short Term Effects</th>
<th>Long Term Effects</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td></td>
<td>slurred speech, drowsiness, headaches, impaired judgment, decreased perception and coordination, distorted vision and hearing, vomiting, breathing difficulties, unconsciousness, coma, blackouts,</td>
<td>toxic psychosis, physical dependence, neurological and liver damage, fetal alcohol syndrome, vitamin B1 deficiency, sexual problems, cancer, physical dependence</td>
</tr>
<tr>
<td>Amphetamines</td>
<td>uppers, speed, meth, crack, crystal, ice, pep pills</td>
<td>increased heart rate, increased blood pressure, dry mouth, loss of appetite, restlessness, irritability, anxiety</td>
<td>delusions, hallucinations, heart problems, hypertension, irritability, insomnia, toxic psychosis, physical dependence</td>
</tr>
<tr>
<td>Barbiturates and Tranquilizers</td>
<td>barbs, bluebirds, blues, yellow jackets, red devils, roofies, rohypnol, ruffies, tranqs, mickey, flying v's</td>
<td>slurred speech, muscle relaxation, dizziness, decreased motor control</td>
<td>severe withdrawal symptoms, possible convulsions, toxic psychosis, depression, physical dependence</td>
</tr>
<tr>
<td>Cocaine</td>
<td>coke, cracks, snow, powder, blow, rock</td>
<td>loss of appetite increased blood pressure and heart rate, contracted blood vessels, nausea, hyper-stimulation anxiety, paranoia, increased hostility Increased rate of breathing, muscle spasms and convulsions. dilated pupils disturbed sleep,</td>
<td>depression, weight loss, high blood pressure, seizure, heart attack, stroke, hypertension, hallucinations, psychosis, chronic cough, nasal passage injury, kidney, liver and lung damage</td>
</tr>
<tr>
<td>Gamma Hydroxy Butyrate</td>
<td>GHB, liquid B, liquid X, liquid ecstasy, G,</td>
<td>euphoria, decreased inhibitions,</td>
<td>memory loss, depression, severe</td>
</tr>
<tr>
<td>Drug</td>
<td>Common Names</td>
<td>Physical Symptoms</td>
<td>Psychological Symptoms</td>
</tr>
<tr>
<td>--------------</td>
<td>-----------------------</td>
<td>------------------------------------------------------------------------------------</td>
<td>-----------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Heroin</td>
<td>H, junk, smack, horse, skag</td>
<td>euphoria, flushing of the skin, dry mouth, “heavy” arms and legs, slowed breathing, muscular weakness</td>
<td>constipation, loss of appetite, lethargy, weakening of the immune system, respiratory (breathing) illnesses, muscular weakness, partial paralysis, coma, physical dependence, psychological dependence</td>
</tr>
<tr>
<td>Ketamine</td>
<td>K, super K, special K</td>
<td>dream-like states, hallucinations, impaired attention and memory, delirium, impaired motor function, high blood pressure, depression</td>
<td>Urinary tract and bladder problems, abdominal pain, major convulsions, muscle rigidity, increased confusion, increased depression, physical dependence, psychological dependence</td>
</tr>
<tr>
<td>LSD</td>
<td>acid, stamps, dots, blotter, A-bombs</td>
<td>dilated pupils, change in body temperature, blood pressure and heart rate, sweating, chills, loss of appetite, decreased sleep, tremors, changes in visual acuity, mood changes</td>
<td>may intensify existing psychosis, panic reactions, can interfere with psychological adjustment and social functioning, insomnia, physical dependence, psychological dependence</td>
</tr>
<tr>
<td>MDMA</td>
<td>ecstasy, XTC, adam, X, rolls, pills</td>
<td>impaired judgment, confusion, confusion, blurred vision, teeth clenching, depression,</td>
<td>same as LSD, sleeplessness, nausea, confusion, increased blood pressure, sweating, depression, anxiety, memory loss</td>
</tr>
<tr>
<td>Substance</td>
<td>Common Names</td>
<td>Physical Effects</td>
<td>Psychological Effects</td>
</tr>
<tr>
<td>--------------------</td>
<td>------------------------------</td>
<td>-------------------------------------------------------------------------------------------------------</td>
<td>-----------------------</td>
</tr>
<tr>
<td>Marijuana/Cannabis</td>
<td>pot, grass, dope, weed, joint, bud, reefer, doobie, roach</td>
<td>anxiety, paranoia, sleep problems, muscle tension</td>
<td>kidney failure, cardiovascular problems, convulsions death, physical dependence, psychological dependence</td>
</tr>
<tr>
<td></td>
<td></td>
<td>sensory distortion, poor coordination of movement, slowed reaction time, panic, anxiety</td>
<td>bronchitis, conjunctivas, lethargy, shortened attention span, suppressed immune system, personality changes, cancer, psychological dependence, physical dependence possible for some</td>
</tr>
<tr>
<td>Mescaline</td>
<td>peyote cactus</td>
<td>nausea, vomiting, anxiety, delirium, hallucinations, increased heart rate, blood pressure, and body temperature, lasting physical and mental trauma, intensified existing psychosis, psychological dependence</td>
<td></td>
</tr>
<tr>
<td>Morphine/Opiates</td>
<td>M, morf, duramorph, Miss Emma, monkey, roxanol, white stuff</td>
<td>euphoria, increased body temperature, dry mouth, “heavy” feeling in arms and legs</td>
<td>constipation, loss of appetite, collapsed veins, heart infections, liver disease, depressed respiration, pneumonia and other pulmonary complications, physical dependence, psychological dependence</td>
</tr>
<tr>
<td>PCP</td>
<td>crystal, tea, angel dust, embalming fluid, killer weed, rocket fuel, supergrass, wack, ozone</td>
<td>shallow breathing, flushing, profuse sweating, numbness in arms and legs, decreased muscular coordination, nausea, vomiting, blurred vision, delusions, memory loss, difficulties with speech and thinking, depression, weight loss, psychotic behavior, violent acts, psychosis, physical dependence</td>
<td></td>
</tr>
<tr>
<td>Drug</td>
<td>Side Effects</td>
<td>Psychological Dependence</td>
<td></td>
</tr>
<tr>
<td>--------------------</td>
<td>-------------------------------------------------------------------------------------------------</td>
<td>------------------------------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>Psilocybin</td>
<td>mushrooms, magic mushrooms, shrooms, caps, psilocybin &amp; psilocyn</td>
<td>nausea, distorted perceptions, nervousness, paranoia, confusion, memory loss, shortened attention span, flashbacks may intensify existing psychosis.</td>
<td></td>
</tr>
<tr>
<td>Steroids</td>
<td>roids, juice</td>
<td>increased lean muscle mass, increased strength, acne, oily skin, excess hair growth, high blood pressure</td>
<td>Cholesterol imbalance, anger management problems, masculinization or women, breast enlargement in men, premature fusion of long bones preventing attainment of normal height, atrophy of reproductive organs, impotence, reduced fertility, stroke, hypertension, congestive heart failure, liver damage, psychological dependence</td>
</tr>
</tbody>
</table>

**ON-CAMPUS RESOURCES/INFORMATION**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Davidson College Counseling Center</td>
<td>704/894-2451</td>
</tr>
<tr>
<td>Davidson College Health Educator</td>
<td>704/894-2902</td>
</tr>
<tr>
<td>Davidson College Health Center</td>
<td>704/894-2300</td>
</tr>
<tr>
<td>Davidson College Dean of Students</td>
<td>704/894-2225</td>
</tr>
<tr>
<td>Davidson College Campus Police Department</td>
<td>704/894-2178</td>
</tr>
</tbody>
</table>
In accordance with Americans with Disabilities Act of 1990, no individual shall be discriminated against on the basis of disability in the full and equal enjoyment of the goods, services, facilities, privileges, advantages, or accommodations of the College. Further, no qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the College or be subjected to discrimination by the College.